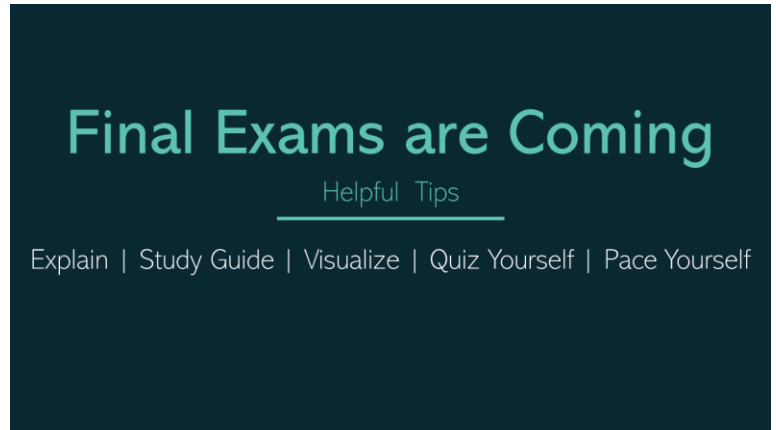


## Final Exam Tips

Final exams are normally a source of stress and anxiety for students. A specific final exam grade can impact course credit, graduation, and even scholarships. Sometimes, anxiety is caused by not being prepared and the lack of a study plan. The list below will get you started.



- *Explain*-One of the best ways to review is to explain your understanding of a concept to someone else. This technique forces you to think critically about the concept and brings to light any gaps in your understanding.
- *Study guide*-Not all teachers offer a final exam study guide. If they do, work through the guide inserting your own comments, explanations, and questions.
- *Visualize*-Put your thoughts into visual form. Use notecards, graphic organizers, and highlighters to make sense of the major course concepts.
- *Quiz yourself*-Spend time asking yourself questions. Ask yourself those WH questions that are applicable to your content (e.g., What, Who, Why, When, Which, Where, and How).
- *Pace yourself*-Space your study time over a few days. Avoid cramming and late-night studying. Taking a final exam when you are exhausted doesn't help.

Final exams don't have to be stressful. Work hard and prepare effectively for your finals with adequate planning and preparation. Remember to reach out to your instructor for additional assistance. Finally, remember that our staff is here to support you. We believe in you!